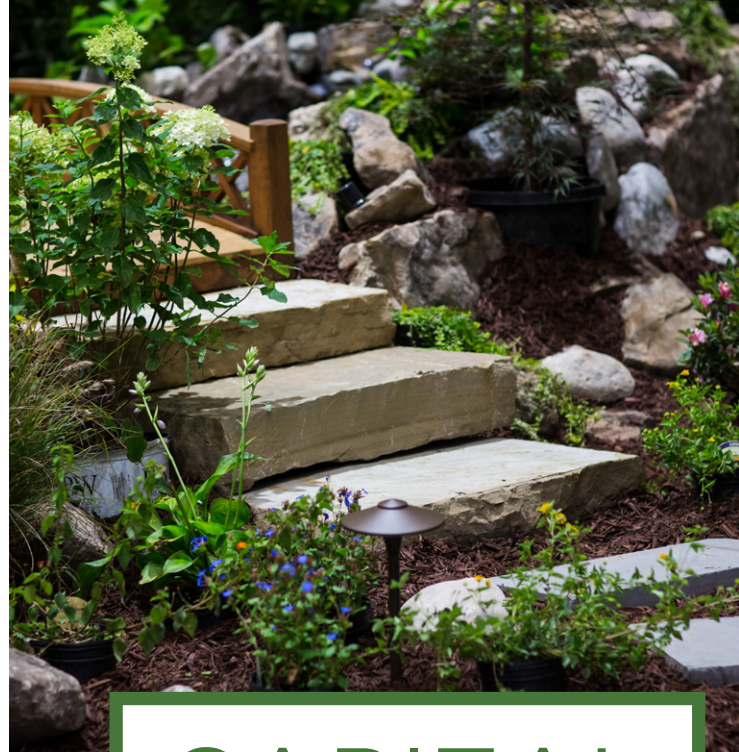




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Dulles Expo Center



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WHEN

FRIDAY,
FEBRUARY 23
10 AM- 9 PM

SATURDAY,
FEBRUARY 24
10 AM- 9 PM

SUNDAY,
FEBRUARY 25
10 AM- 6 PM

WHERE

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










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	Sun Design Remodeling Specialists Inc	610
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	The Window Man	825
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	Culligan Water	720
	Cutco Cutlery	551
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	Heart of America Sales	838
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	 Living Well Products	545
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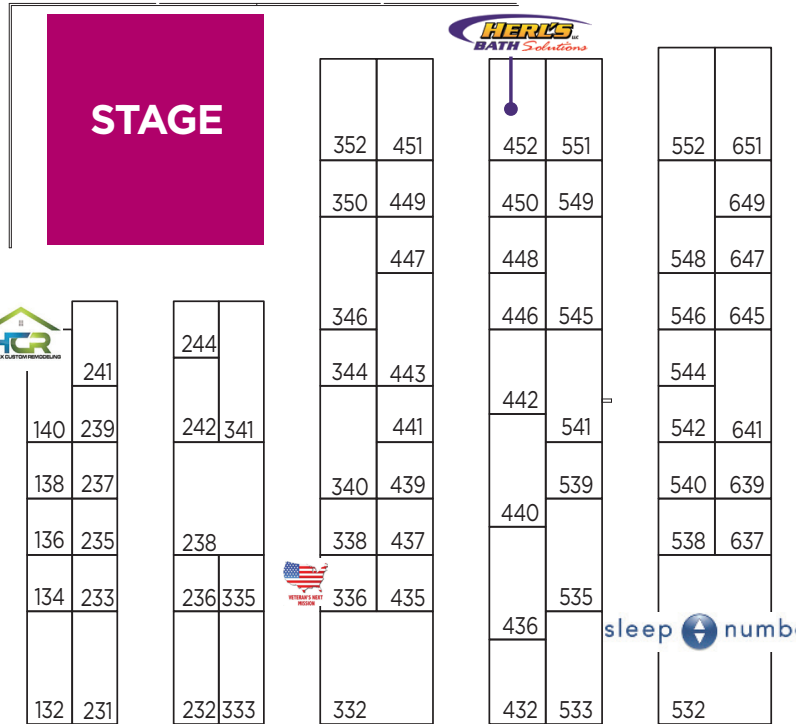
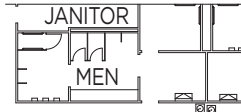


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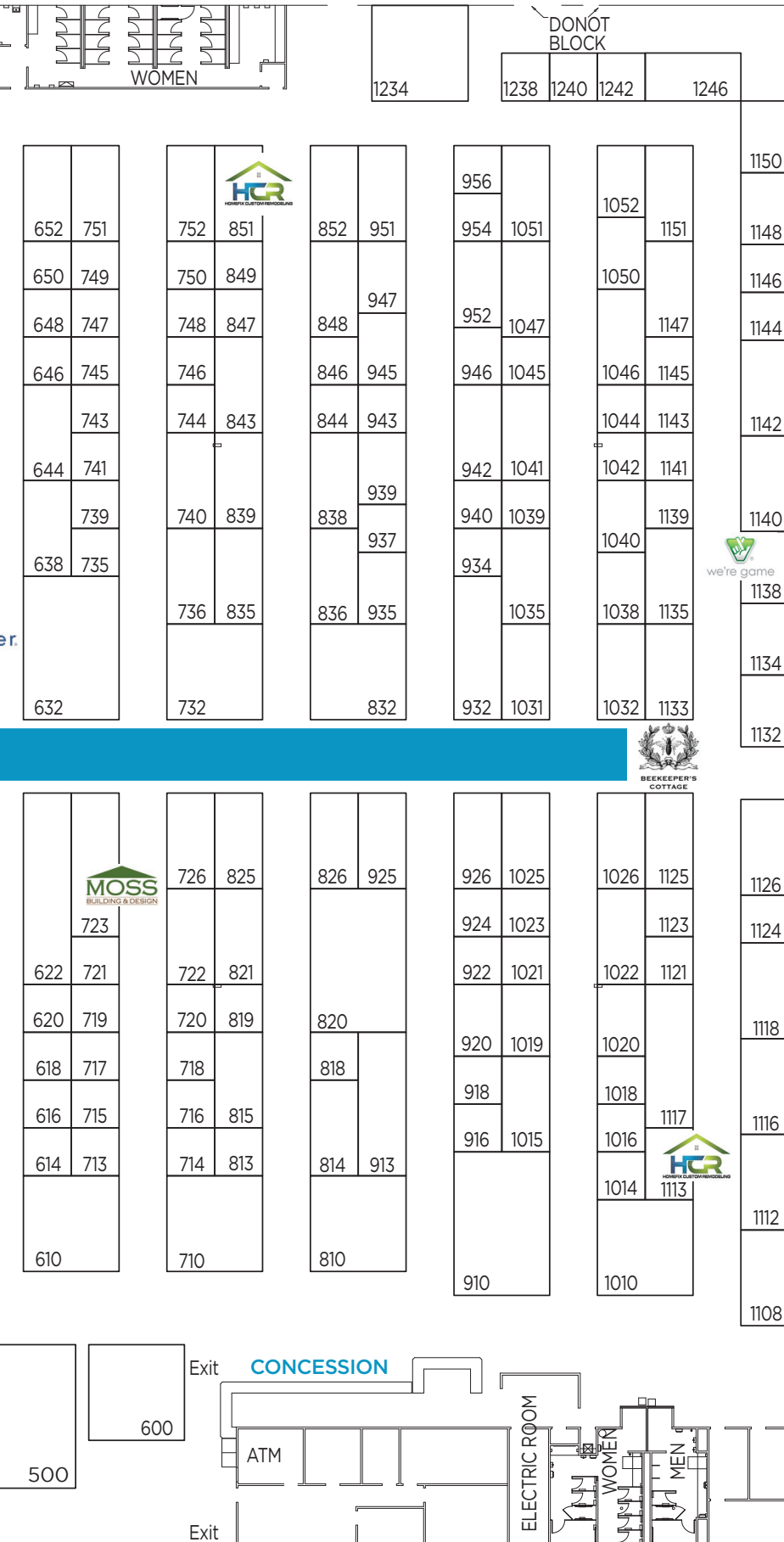
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Beekeeper's Cottage is thrilled to be participating in the February Capital Remodel + Garden Show this year! We'll be bringing a glorious variety of roses and live plants to dress the living wall and adorn the aisle with the promise of spring. With oversized urns, reclaimed lath wood shelves, hobnail jars and more, it's sure to be a splendid display!

Beekeeper's Cottage is an adorable shop! Painted butter yellow with whimsical red and white polka-dotted shutters, it's located right outside Leesburg, Virginia in the village of Lucketts. For more than a decade, Beekeeper's Cottage has been featured in a variety of design publications such as Romantic Homes, Better Homes and Gardens, and The Washington Post Sunday Magazine. It enchants the eyes from the first step in with seasonal sprigs, urban farmhouse decor, reclaimed barn wood and vintage furniture, shimmering costume jewelry, fashion accessories, and many other romantic furnishings for the stylishly-hip modern woman and delightfully spoiled home! Open every day 10 - 5.

MAIN STAGE | SCHEDULE

sponsored by TD Bank

FRIDAY, FEBRUARY 23

Time	Presenter	Presentation
2PM	Chris Arnold of Foster Remodeling Solutions Inc	How to Hire a Contractor
3PM	Chris and Peyton Lambton of HGTV's <i>Going Yard</i>	<i>Outdoor tips + design tips</i>
4PM	Daniels Design & Remodeling	Luxury Design on Budget
5PM	Joanie Sprague of TLC's <i>Trading Spaces</i>	<i>Joanie's Tips & Tricks + The Do's and Don'ts</i>
6PM	Pam McLoone Vinso, interior designer and retail owner of The Blended House	Design with LIFE (people-paws-parties) in mind! Making furnishings and design choices with pets, family, entertaining in mind are at the top of the request list!

SATURDAY, FEBRUARY 24

Time	Presenter	Presentation
11AM	Daniels Design & Remodeling	Luxury Design on Budget
12PM	Value Blind and Heirloom Draperies	Window Treatment Analysis
1PM	Chris and Peyton Lambton of HGTV's <i>Going Yard</i>	<i>Outdoor tips + design tips</i>
2PM	Moss Building & Design	Home Design Trends and MOSS 360: Experiencing your Space in Virtual Reality
3PM	Joanie Sprague of TLC's <i>Trading Spaces</i>	<i>Joanie's Tips & Tricks + The Do's and Don'ts</i>
4PM	Chris and Peyton Lambton of HGTV's <i>Going Yard</i>	<i>Outdoor tips + design tips</i>
5PM	Dave Paccassi, Dawn Parker, and Chris Mirko of NVS Kitchen + Bath	The Secrets to Remodeling your Kitchen or Bath
6PM	Joanie Sprague of TLC's <i>Trading Spaces</i>	<i>Joanie's Tips & Tricks + The Do's and Don'ts</i>
7PM	Robert E. Beach, AIA, LEED AP BD+C	Creative Curb Appeal: Enhancing Your Home's Appearance

SUNDAY, FEBRUARY 25

Time	Presenter	Presentation
12PM	Value Blind and Heirloom Draperies	Window Treatment Analysis
1PM	Joanie Sprague of TLC's <i>Trading Spaces</i>	<i>Joanie's Tips & Tricks + The Do's and Don'ts</i>
2PM	Dory Clemens of Foster Remodeling Solutions Inc	Designing your Dream Kitchen
3PM	Robert E. Beach, AIA, LEED AP BD+C	Creative Curb Appeal: Enhancing Your Home's Appearance
4PM	Pam McLoone Vinso, interior designer and retail owner of The Blended House	Design with LIFE (people-paws-parties) in mind! Making furnishings and design choices with pets, family, entertaining in mind are at the top of the request list!

*NOTE Celebrities will greet as many guests as possible, however, due to demand and presentation schedule time constraints, everyone in line may not be able to be accommodated. Ticket admission does not guarantee a meet-and-greet, photos or autographs with celebrities.

CELEBRITY Spotlight

Questions with Peyton



Q: What was the last picture you took with your phone?

A: A picture of our daughter looking out the back door.

Q: If you had to move to another country, which would you pick and why?

A: Australia. When the weather is nice everyone takes off work and goes to the beach.

Q: What's one thing we wouldn't guess about you?

A: I've been skydiving twice.

Q: What's a common mistake homeowners make when they take on a home improvement project themselves?

A: Everyone gets excited about demo and destroying the old to bring in the new. Make sure you do your research and speak to professionals before taking a sledgehammer to a wall. It could be load bearing and/or have plumbing and electric running through.

Q: Where do you go online to find inspiration?

A: Pinterest. It's the best spot to search and to save what you like in one spot.

Q: What's your best organization hack?

A: Recently I was having trouble keeping my jewelry organized and I was constantly untangling necklaces. There was a blank wall in my closet so I used the vertical space and hung S-hooks on a curtain rod to keep everything organized and in sight. This makes choosing my accessories much easier!

Q: What are your best small space living hacks?

A: Choose furniture that can double as storage. An ottoman that has a lid to keep blankets inside, or a coffee table that pulls up into a desk for working at home. There are so many options available to give you what you need without crowding your space.

Q: What's a must have at any party you're throwing?

A: Toothpicks. I'm a bit of a germophobe! I like to serve appetizers and most of the time it's small bites so I provide toothpicks for people to grab what they want without having to put their fingers in the bowl of olives or all over the cheese platter.

Q: Would you rather upgrade your closet, bathroom or kitchen?

A: Kitchen for sure. We spend majority of our time in the kitchen and we love to cook!

Q: The three things I can't live without are:

A: My phone/camera, Yeti with coffee, Aquafor

February 23-25 | Dulles Expo Center
CapitalRemodelandGarden.com

Celebrities



Chris and Peyton Lambton
HGTV's *Going Yard*

Chris Lambton is a media personality and lifestyle expert based on Cape Cod, MA with his wife Peyton. Chris is host of DIY Networks "Yard Crashers" and appears with Peyton on HGTV's "Going Yard" where they transform backyards, one house at a time. The show highlights Chris's landscaping skills and gardening know-how as he creates outdoor living spaces and features including patios, pergolas, fire pits and water features for deserving homeowners. Chris' expertise includes landscaping, hardscaping, garden planning, lawn care, and maintenance for all of these areas of your outdoor living space. Chris also appears on HGTV and DIY Networks specials "HGTV Dream Home", "HGTV SmartHome" and "Blog Cabin". Chris first won hearts onscreen in season six of ABC's "The Bachelorette," starring Ali Fedotowsky, and was ultimately named runner-up. In a Hollywood twist, wife Peyton appeared on season ten of "The Bachelor" and season one of "The Bachelor Pad," but they did not meet on camera and instead were introduced by a mutual friend. Since 2007, Chris has been living in his hometown of Cape Cod and running the family's landscape business, *E. Lambton Landscaping*, alongside his brother Erik. Prior to that, he was a teacher and varsity boys' basketball coach at New York City's High School of Economics and Finance. He holds a degree from Providence College in Rhode Island and was part of the Big East Conference Academic All-Star Team in 1998 and 1999. Chris is very involved with Compassionate Care ALS (CCALS) as a result of his mother's fight with Multiple System Atrophy (MSA), a disease associated with the degeneration of nerve cells in specific areas of the brain. He continues to give back to the organization as often as possible.

Peyton Wright Lambton grew up in the mountains of East Tennessee and graduated from the University of Tennessee in Knoxville. She lived in Dallas for a few years before appearing on season 10 of ABC's *The Bachelor* and season 1 of *Bachelor Pad*. After the show she met her husband, Chris Lambton, and the two currently work for HGTV and the DIY Network on landscaping and renovation projects. Peyton enjoys refinishing furniture in her spare time. She is actively involved with St. Jude Children's Research Hospital and Compassionate Care ALS. Peyton and Chris currently live on Cape Cod with their baby girl Lyla James Lambton, and Swiss Mountain Dog, Summitt.

APPEARING FRIDAY & SATURDAY



Joanie Sprague
TLC's *Trading Spaces*

Joanie Sprague is joining the team of all-stars on TLC's revival of *Trading Spaces*. Joanie's home improvement skills have landed her a position as a carpenter on the show's return after a 10-year hiatus. Sprague was the runner up on cycle six of *America's Next Top Model* and has appeared on DIY Network's *Run My Renovation* and *Man Caves*.

APPEARING FRIDAY, SATURDAY & SUNDAY

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